

Paying attention?

You should be. 7 June is International Level Crossing Awareness Day and we're taking this opportunity to remind you to stay alert at level crossings. There are over 300 crossing incidents recorded every month and in May alone two people tragically died. Even if you use level crossings regularly please be vigilant and stay alert, they are there to protect you from one of the busiest rail networks in the world.

They're not time wasters. They're life savers.

Helping Britain run better



Cross Safe

When you come to a crossing please stay alert to your surroundings:

- Take off your headphones
- Don't use your mobile phone
- Small children should be supervised and kept close to you
- Don't just follow the person in front of you without checking it's safe to cross
- Keep dogs on a lead, don't let them run off
- Don't assume you know when trains are expected
- If you hear a train's horn it means a train is approaching, wait until it passes.

And remember the Golden Crossing Rules:

Look and listen – Always look both ways and listen before crossing. If you see or hear a train coming from either direction, don't cross.

Lights and alarms – When the lights come on and the alarm sounds do not cross. If you are already on the crossing continue to cross, don't stop on the crossing.

Barriers – When the barriers start to descend don't race to beat them, stop. Don't weave around them, nor jump over or climb under them.

Wait – Always wait a safe distance away from the crossing until the lights stop flashing. For pedestrians there will often be a white line to show you where to wait.

Exit – Ensure your exit is clear before crossing, if vehicles are backed up to the crossing wait until the exit is clear.

Network Rail National Helpline 08457 11 41 41

www.networkrail.co.uk/levelcrossings